

Schedule of Events

Enter school through Door #6 (East side)

- 8:30 Judge's Registration - Pool Lobby
- 9:00 Judge's Meetings - Room A111
- 9:30 Captain's Meeting - A120
- 9:30 Team Registration - Pool Lobby
- 10:00 Written Exam - Varsity Gym—A109
- 10:00 Victim Registration - Pool Lobby
- 10:30 Judge's / Victim's Brunch - A120
- 10:45 Team photos - Varsity Gym— A109
- 11:00 Team Introductions -Varsity Gym—A109
- 11:15 Competition Begins
- 1:30 Competition Ends
- 3:30 Awards Ceremony — Fine Arts Center



While competition is in progress it is essential that spectators and media do not converse with the judges, competitors or volunteer victims. We appreciate your cooperation in this matter.

Registration and fees are due by 2/22/10
Mail to:
Opportunities in Emergency Health Care
Spring Lake Park High School
1100 81st Ave NE
Spring Lake Park, MN 55432

Spring Lake Park OEC and
HERZING
UNIVERSITY
CAREER-FOCUSED • CONVENIENT • CARING
present



**24th Annual State Emergency
Care Competition**

*Youth Who
Dare to Care*

S.L.P. High School
1100 81st Ave. NE
Spring Lake Park,
MN 55432

First Responder Competition

The Annual State Emergency Care Competition continues to evolve each year as the interest in and the need for qualified emergency care providers continues to grow.

Competition allows students the opportunity to test their training in scenario based problems that represent possible real life situations. Teams of four will compete in three timed scenarios and a written test. Scenarios are judged by experienced professionals in the healthcare field including EMT's, paramedics, firefighters, nurses, college students in health related programs and many others. Teams are scored on their ability to properly assess the scenario, give appropriate patient care and manage any injuries or problems found. Expectations may include identification of hazardous situations, reporting or documentation, and innovative equipment use. Teams will also be evaluated on professionalism, teamwork and appearance. Individual written test scores will be combined for a total team score.

Competitors are invited from many programs and schools. Past competitors include OEC programs of Osseo and Spring Lake Park High School, Maple Grove Fire Explorers, Owatonna Explorers, Spring Valley Ambulance, Century College—916, Apple Valley ISD 196, Morris Ambulance, and Anoka-Technical College.

Equipment needs:

Long Backboard or Spineboard – 1 each
 Supplies for Cervical Spine Immobilization (Sandbags, Head Blocks, Straps, etc.) – 1 set
 Cervical Collars (Sizes appropriate for victims) – 1 set
 Rigid Splints (Board, Cardboard, Plastic)
 Sheets
 Pillows
 Adhesive Tape, Assorted Sizes
 Triangular Bandages
 Burn Dressing
 Eye Protectors (cups, cones)
 4" x 4" Dressings (Gauze Pads)
 Roller Bandages (Kling, Kerlix, etc.)
 Large Trauma Dressings
 Plastic Wrap or other Occlusive Dressing
 Cold Packs (may use simulations)
 Water Bottle
 OB kit
 Bag-Mask Resuscitator with Facemasks
 Aspiration Bulb or simple suction device
 Oxygen administration devices (Mask, cannula) (oxygen tanks will be simulated)
 Oral Airways, Assorted sizes - 1 set
 Gloves, Exam or Surgical
 Bandage Scissors
 Blood Pressure Cuff (Sphygmomanometer)
 Stethoscope
 Penlight
 Wristwatch with second hand

Recommended that competitors wear swimsuit under their team uniforms

Rules & Guidelines

A complete list of competition **rules** and a 'How to compete' presentation is available on the OEC web site, www.slpoec.org or www.osseoec.org Teams are encouraged to provide victims, judges, and scoring volunteers.

Spring Lake Park OEC : www.slpoec.org

Bill Neiss, Dave Turner 763-785-5556

bneiss@district16.org / dturnd@district16.org

24th Annual MN State Emergency Care Competition

February 27, 2010

Spring Lake Park High School

Registration for:	Price
<input type="checkbox"/> State Emergency Care Competition	\$80.00/team

Team Name _____

Sponsoring School _____

School Address _____

City, State Zip _____

Advisor Name _____

Advisor Phone _____

Advisor Email Address _____

Team Name:

Team Captain _____ Team Member 2 _____

Team Member 3 _____ Team member 4 _____

Victim(s) provided-TEAM MUST PROVIDE 1 VICTIM

I hereby certify that all team members will be fully acquainted with the contest rules and regulations, and that the captain fully understands the captain's obligations as outlined therein, and that all team members shall agree to protect OEC, it's officials, contest officials, contest judges, owners, and management of facilities used from any liability, claims, or expenses in the event of any accident during, or in connection with this contest. **Please make \$80 checks out to SLP OEC Program.**

Entry form must be completed with all names of participants. **Each team must provide one victim.** No substitutions will be allowed after the contest has started. Registration received after 2/23/09 is not guaranteed entry and will be charged \$120.00 per team.

Registration and fees are due by 2/22/10
 Mail to:
 Opportunities in Emergency Health Care
 Spring Lake Park High School
 1100 81st Ave NE
 Spring Lake Park, MN 55432

Bill Neiss, Director
 Phone: 763-785-5556
 Email: bneiss@district16.org

Office use only:
 Date Rec'd _____
 By _____
 Paid _____