

First Responder Skill Sheet Childbirth

Candidate Name: _____

Examiner: _____

Scenario: _____ Date: _____

1. Drape mother, place in exam position	/1 pt
*2. Wash hands or sterile gloves. Gown and eye protection.	/1 pt
3. Position someone at head to monitor mother's airway and breathing	/1 pt
*4. Place one hand below baby's head as it delivers. – A. Spread fingers evenly around baby's head – B. Support, but avoid pressure to soft areas of baby's skull – C. Use other hand to cradle baby's head. DON'T PULL	/3 pts
*5. If cord is around neck, gently loosen	/1 pt
*6. If amniotic sac not ruptured, use a clamp from OB kit or tear w/ fingers	/1 pt
*7. Support upper or back portion of baby's head using an open hand, cradle the underside of the head with other hand	/1 pt
8. When feet deliver, lay baby on side w/ head slightly lower. To allow for drainage.	/1 pt
9. Notes exact time of birth.	/1 pt
*10. Keep baby at level of vagina until cord cut.	/1 pt
*11. Clamp or tie cord, 10" then 7", then cut between.	/1 pt
12. Monitor infant and mother (respirations, pulse)	/1 pt
*13. If infant respirations below 40, rescuer starts ventilations. If pulse below 80, rescuer begins compressions.	/2 pts
14. Watch contractions, delivery of placenta	/1 pt
*15. Place sanitary or trauma pad over vagina	/1 pt
16. Starts fundal massage	/1 pt
Total Points	/19 pts

***Critical criteria**