

September 2009-Self Defense

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9 Intro to Pers Protec YRU here? What it is, isn't! Expectations Synopsis Texts Emails Waiver Assign: Free write Parent signature(s)	10 Crime Articles- free writes. Have trouble finding any? Bet not! Intro lecture. Take notes. Due: Free write Signed waivers Assign: 5+5 Goal setting	11 Movie: The Accused. Parents must sign before you can see this R-rated film.	12
13	14 Movie: The Accused: Day 2 Assign: Reaction paper to the movie Due: 9/18 Follow rubric guide- lines	15 Self Defense Myths & Facts. Who's at Fault Anyway? Lect/Discussion. Audio/Mr. Smith	16 Myths & Facts. Minimizing the risk of attack.	17 What's A Rape Culture? Am I in one? Setting boundaries. Music Video Games	18 Rape Culture 2; The results... Relationship Video Clip	19
20	21 Crisis of Masculinity: Tough Guise. Is he right on? Is he full of it? Assign: Awareness survey. H.O. Background info, sexual assault	22 Crisis of Masculinity: Tough Guise-2 Sm grp discuss: -Do we live in rape culture? -What are root causes of assault -Eg poor influences in the culture? -Solutions?	23 Teen Dating Violence: dating rights Dawn Rutt- Alexandra House Assign: Ch. 1-6 study guide	24 Ppt: Relationship Violence. ID'g control- ling behav's. Characteristics of abusers. Red flags. Assign: Best/Worst	25 Video: The Quiet Storm. Chronol- ogy of an abusive relationship. Due: Best/Worst	26
27	28 The Quiet Storm: Interview w/ victims, abusers	29 Video: Healthy Relationships. Founda- tion for a happy, productive life. What do you want out of a spouse?? Friends?	30 Sexual Violence Awareness & It's Health Effects. Rape exams, and other steps to take in the event of an assault. Karine Z, RN S.A.N.E	1 Awareness: How Do I Know if I'm in danger? Tips to minimize the risk of assault H.O. Assertiveness Assign: Assertiveness exercise	2 Awareness: Day 2	3